Pleasant Pellets for the Blues

WAS COMING DOWN, ANY-WAY

Pat, while on the top of a ten-story building, lost his balance and fell to the bottom. The foreman rushed to his asstance, expecting to find him

"Man, man!" he cried. "Are you hurt?'

Pat looked up slowly and said, "Oh, niver moind; Oi was eomin' down for nails, anyway.'

The Teacher-All your arithmetic problems are wrong. If this happens again I'll tell your

The Pupil—But pa did 'em for me!—Comic Cuts.

Only three things are needed to bring up a baby: "The Lord's help, common sense, and a cow."-Captain January.

The Home

FARMER'S FRUIT CAKE.

Cheap and good is this farmin water to cover. In the unwilling to serve. morning chop fine, add to them Add two eggs, well beaten; one handsomest city in the world. cupful cold coffee, one-half cupful good dry drippings or butmon, a scant tablespoonful thought, should be models of cloves and nutmeg mixed, one | their kind. and one-half cupfuls seeded raisins or prunes, a teaspoonful | models for no one. This is not and a half soda and flour to the fault of the men in charge. thicken. Not quite so much flour will be required as for does not remedy these condiother cakes. Bake slowly in tions because of a lack of paper-lined tins in a very moderate oven.

COLD WATER HEALTHY.

Cold water dashed on the face and chest in the morning has tonic effect of a cold plunge without the shock.

olive oil a teaspoonful of carbolic acid. Apply bandage soaked in the mixture.

Relaxation is the secret of taking the mental, moral and physical kinks out of one's system. It will take many of the unsightly lines from your face and prevent new ones from forming.

FRESH AIR NECESSARY FOR A PROPER SLEEP.

To sleep without plenty of fresh air is to take just so much poison into your system.

It means that you breathe the same air over and over again, and then you wonder why you feel so heavy and languid in the morning.

No matter how cold the night, open your window as far as it will go. If you wrap your self up properly, you will not feel the cold.

Wear a flannel gown and something over your head. The last thing before going to bed, fill a bottle with hot water, cork it tightly and place it in the bed

Printing When in need of Printing ing of any kind apply to the Weekly News Office

Twenty-Third Street,

RANDLE HIGHLANDS, D. C.

Randle Highlands have begun to travel, to invent, EVERYTHING IN THE MUSIC LINE News

Mr. Walter Wallich has returned from a hunting trip in | "Italian-Born American Citi-Maryland.

A Thanksgiving service was held at the Randle Highlands Baptist Church Thanksgiving Day. A quartette rendered either killed or horribly man- several very appropriate and effective hymns.

> The pastor and officers of Randle Highlands Baptist Church have resigned their positions, to take effect tomorrow night.

LECKIE DENIES CANDI-DACY.

But Randle Highlands Body Indorses Him for Commissionership.

A. E. L. Leckie was indorsed for appointment to a District Commissionership by the Randle Highlands Citizens' Association last Tuesday night.

Mr. Leckie denied being a candidate, expressing the belief that the place should seek the man. He intimated, howers' fruit cake. Soak three cup- ever, that should the position fuls of dried apples over night | seek him, it would not find him

In his talk, Mr. Leckie emone cupful of molasses, then phasized the necessity for pracsimmer on the back of the tical uplift work in the District stove for three or four hours. stating that Washington is the He said this reputation should be sustained. He favored; the ter, one cupful dark brown bettering of public institutions sugar, one tablespoonful cinna- in the District. These, he

"As it is," he said, "they are They are hampered. Congress knowledge, and not from a lack of desire.

Mr. Leckie advocated a representative in Congress for the District as the best method of bringing matters of municipal improvement before the legislative body.

A simple remedy for burns is made by adding to a cupful of dent of the association, and other members agreed with Mr.

> RANDLE HIGHLANDS, D.C. November 27, 1909.

THE ITALIANS IN AMER-

ICA. By Angelomaria Pennella

What United States owes to Italy, the native country of Columbus, the land of art and song, and the mother of modern civilization, the great Italian immigration of recent years is adding an increasingly important element to the population of our country. More than a million of Italians will be able to celebrate Columbus Day on American soil. Naturally the sons of Italy feel a special pride in the progress of the new world as well as in the achievement of their own race. They can never forget -and they never should—that America was discovered by one Italian and named in honor of another. In the four centuries that have elapsed between Columbus and Marconi comparatively few Italians have played any conspicuous part in the making of America.

There was none of prominence in the Revolution. There has been none in the White House. As late as 1850 there were fewer than four thousand immigrants from Italy in the whole United States but in the last ten or fifteen years a great change has come er the Italian people. They

to manufacture. You will find Italians today in all parts of the world.

zen" continued next week.

ANACOSTIA NEWS.

We regret to hear of a case of smallpox in our vicinity-Mr. Frisbie, of 13th street. He has our well wishes for a speedy recovery.

Congress Heights

Rev. David Barr, of Washington, will preach at the Ester Memorial Church at 7:30 tomorrow evening.

Mr. Del. Padgett, the grocer, who was taken to the hospital last Thursday night for appendicitis, is improving rapidly.

Rev. Chaplain Brown, of Fort Myer, preached last Sunday evening at the Ester Memorial Church. A large crowd was in attendance.

A large social was held in the Town Hall last Wednesday night under the auspices of the Public Improvement Association. President W. W. Price gave the address of welcome. A vocal solo was rendered by Mr. M. J. Fillius; a piano solo by Miss Bender; Sergeant Charles Stiphin rendered a vocal solo; a recitation by Miss Hollows followed a vocal solo by Raymond Fillius. Refreshments were served, and everybody had a good time.

Recent Poetry

'When you've got a thing to

Say it! Don't take half a day. When your tale's got littlein it Crowd the whole thing in a minute!

Life is short—a fleeting vapor, Don't you fill the whole blamed paper With a tale, which, at a pinch,

Could be cornered in an inch! Boil her down until she sim-Polish her until she glimmers;

When you've got a thing to Say it! Don't take half a

Old Watkins took an invoice of the wood within his shed, Then talked a little to himself and this is what he said:

day!

'Now, winter's cold will soon be here, and when my old bones feel it, If the Lord don't send me a

cord of wood, by gum, I'll

Says Cook to Peary: "The pole I found

have to steal it!"

While in your camp you were loafing around! This aroused Peary's Ire, And he said: "You're a liar!"

Did you ever sit and spark In the parlor, after dark, In the days when you were young,

Long ago? With your partner on your knee And no one about to see, Did you keep the parlor lamp Burning low?

With no one about to hear, Did you get your face up near And whisper silly nonsense In her ear?

Now, if these few lines remind Of the times so far behind you,

Will you now, at the remembrance, Shed a tear?

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